



Are you getting  
into arrears with  
your fuel bills?

Do you worry about  
the cost of keeping  
warm this winter?

Is your home  
difficult to heat?



Affordable energy, warm homes and healthy lives

HE-AT offers all households in the Borough of Darlington free, confidential and independent advice and assistance on a range of fuel and energy related issues.

We can help you by:-

- negotiating with your fuel company about fuel debt, billing errors or disconnection of energy supply;
- assisting you to find cheaper tariffs and cost effective payment methods;
- helping you access grants available for insulation, central heating and other energy efficiency improvements
- helping you to access funds for other types of home improvements
- referring you for home energy efficiency checks that will help you to reduce costs
- checking your benefit entitlement to help maximise your income
- signposting you to money guidance and debt advice.

Advice is available to home owners and to private, Council and Housing Association tenants.

Please contact us for an appointment.



HE-AT  
Age Concern Darlington  
Clarks Yard Advice Centre  
Clarks Yard, Darlington  
Tel: 01325 357345  
Email: [advice@fiftyplus.org.uk](mailto:advice@fiftyplus.org.uk)

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Darlington Health and Energy Affordability Team (HE-AT) is a collaborative venture between Age Concern Darlington, NHS Darlington, NHS County Durham, Darlington Borough Council, Darlington Citizens Advice Bureau, The Energy Saving Trust and Darlington Association on Disability.